

# Hamelin Trust

*Supporting individuals with disabilities and their carers*



## Corporate Volunteering

Will You Help To Change Lives?

Registered Charity No. 1004432

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# Introduction

## Welcome!

Thank you for considering volunteering at Hamelin Trust for the day!

Helping out a charity has a number of benefits, including for you, your company, and employees. However, by volunteering for a day at Hamelin Trust, you will be changing the lives of individuals with disabilities and their carers in your local area!

You will be making a lasting difference to people's lives!

*Aon volunteers cutting the grass at Sutton Bridge Farm.*



## Contact Us!

If you are interested in taking part in a corporate volunteering day, please contact 01277889 or [e-mail address].

If your interested has been peaked and you would like to get involved individually, please head over to our website at [www.hamelintrust.org.uk/get-involved/volunteering](http://www.hamelintrust.org.uk/get-involved/volunteering).

Alternatively, you can contact our Volunteer Co-ordinator at 01277 653889 or [volunteers@hamelintrust.org.uk](mailto:volunteers@hamelintrust.org.uk).

# Corporate Volunteering: Why Do It?



*Intu Lakeside volunteers battling weeds at our horticultural project, Roots & Shoots.*

Hamelin Trust has developed dedicated corporate volunteer days, which are aimed at benefitting our beneficiaries and you! Although our volunteer days are designed to fulfil the needs of our organisation, the activities volunteers undertake as part of the day have a number of advantages for your employees and company.

Over the next couple of pages, we have listed a few reasons why every business should take part in a volunteering day with a charity:

## Benefits to Your Employees

- ◇ Give your staff the chance to take part in team building exercises. No need to do another year building paper towers! Corporate volunteering days give your employees the chances to work together as a team while helping out a local charity.
- ◇ A chance to build new relationships, communications, and understandings. Hardworking employees to not get much chance to socialise with and get to know their colleagues, making team projects more



*Lockton volunteers chatting while volunteering.*

- difficult. Volunteering gives them this opportunity!
- ◇ Volunteers feel energised and motivated, which aids workplace productivity. Employees love the chance to get out of the office and do some manual labour; they have smiles on their faces all day!

- ◇ Your staff will have the feeling that they have accomplished something that will have a huge difference to someone's life!



*Environmental Agency volunteers having fun while cleaning the pond at Roots & Shoots.*

## Benefits to Your Company

- ◇ You will be showing the community that you care about local causes! Taking part in corporate volunteering days show your current and potential customers that you are a part of the community.
- ◇ You will get positive PR. While working on projects at Hamelin Trust, members of our fundraising department will be taking photos and making notes on all that you do. Regular updates will be made on social media throughout the day to make sure our followers are aware

of all that you are doing. Articles will be written for our quarterly newsletter and also for our website. We do more! If you would like, we can also organise a press release in local or trade media newspapers.

**Hamelin Trust** @HamelinTrust · 2 Nov 2017  
Yesterday @Ford\_dunton volunteers were at Hamelin Trust. Thank you all for your help! ❤️

Read about it here: [hamelintrust.org.uk/news/](http://hamelintrust.org.uk/news/)



*An example of a tweet we made after Ford Dunton volunteered in 2017.*

- ◇ You will generate goodwill amongst your staff. A day outside the office is a perfect opportunity to expand on communication skills through team building activities.
- ◇ Volunteering days increases staff motivation! A change in scenery and job is often all it takes for employees to become more enthusiastic about their role.
- ◇ We will create a document of your time with us. Throughout the day, staff will be taking photos of the volunteers for publicity reasons and to make up a PDF document that can be shared

around your company's office. This document will show what the project looked like before and after, the volunteers hard at work, and will include a group photo. It is one of the ways we say "thank you!" to all the wonderful volunteers for all their care and effort.



A big thank you to all RBS volunteers!



**Top and bottom:** Examples of pages in the RBS thank you message, which also documents the activities they took part in.

# Why Choose Hamelin Trust?



*Ford volunteers after their day of volunteering at Sutton Bridge Farm in August 2016.*

## We will make your day fun!

With several sites across south east Essex, there are plenty of different activities you can take part in, including gardening and painting. Our most popular location is our horticultural project, Roots & Shoots at Sutton Bridge Farm (turn to page ?? For more information). At this site, volunteers have the chance to garden or maintain the farm alongside some of our beneficiaries. For more information about what you would be doing, turn to page ??.

On the day, you will be greeted



*Environmental Agency volunteer enjoying his day out in the countryside at Sutton Bridge Farm.*

by a member of staff who will: give you a tour of the site, a brief of the charity, and be with you throughout the day. If you need something, or want to know

anything about the charity, just ask! Our staff are always happy to help.

## We are flexible!

A typical day runs from 9.30am to 4pm, but we can change the times to make it more suitable for you when we can. If you want to miss the rush hour traffic, all you have to do is let us know in advance.

Now for the best news: Insurance forms and risk assessments are undertaken by Hamelin Trust. There will be a full health and safety briefing

given before the start of any activity and groups will be supervised.



*A Ford volunteer dressed in his old "decorating" clothes .*

## What you will need to bring:

- ◇ If any extra tools and equipment are required on the day, we will discuss this with you beforehand. This will usually only be extra gardening gloves, just in case we have not got enough.
- ◇ Although we do provide refreshments, including tea, coffee, juices, and biscuits, we ask that volunteers bring their own lunch. Lunches and snacks can also be purchased locally. We will inform you or where the closest shops and eateries are.
- ◇ Volunteers must also wear or bring along suitable clothing for the day. Whether you are working in the garden or indoors, we suggest that you wear clothes that you do not mind getting dirty or covered in paint. We also suggest that you wear suitable, comfortable shoes and check the weather beforehand if you are working outside. If the weather is really bad we will cancel the day, but if there is only a little bit of drizzle, just bring a raincoat!

# How You Can Help



*Lloyds Bank after a day at Roots & Shoots, which was the cover of our June 2017 newsletter.*

At Hamelin Trust, our staff are so busy caring for our beneficiaries and the admin work that comes with it that they sometimes struggle to make improvements to the environment. By volunteering with your company, you will be helping to enhance our facilities.

We have a number of services across south east Essex where you and your employees would be more than welcome to visit. Taking part in a volunteering day can increase socialisation among your workers and will give them a chance to take part in team building activities.

While attending a day at Hamelin

Trust, there are often many tasks and activities to choose from for varying abilities. We try to ensure that there are activities available that anyone can do, regardless of skill sets, which includes the following:

- ◇ Gardening
- ◇ Painting
- ◇ Assembling furniture
- ◇ Building fences
- ◇ General garden maintenance
- ◇ Laying a floor
- ◇ Creating a garden path



**Top:** A volunteer helping to pot up flowers at Roots & Shoots.  
**Bottom:** Ford volunteer laying the new floor at Hamelin House.

We have a number of services where your help with be appreciated:

### The Bungalow:

Opened in 1994, the Bungalow has offered supported accommodation to adults with profound disabilities who would have left their parental home to develop their independence. This purpose designed home gives these individuals the chance to become independent through a number of domestic, social, and leisure activities.

At this service, we may need hel



*Volunteers painting a communal area at the Bungalow.*

making changes to the rooms by giving them a new coat of paint. Or you may be asked to do some easy gardening, like potting up plants.

### Hamelin House:

Hamelin House provides day and night care for children with disabilities. Opening in 1983, this is our longest running service and has expanded what it provides by introducing a wide range of clubs for young people. It has be specifically designed to meet the needs of the children



*Ford volunteer painting entrance to sensory garden at Hamelin House.*

who stay there.

Past volunteers have redecorated a number of rooms, including painting the walls, laying a new floor, and putting together furniture. With a large garden, previous volunteers have also done a number of outside activities, from weeding to erecting a fence.



*BT came over and brightened out garden up with some new colour!*

## Gowlands:

Based on Sutton Bridge Farm in Rochford, Essex, Gowlands sits on 5 acres of land along with two other services: our hydrotherapy pool and horticultural project.

It have been providing a short break service to adults with disabilities since 1998, including helping to transition children fully into adulthood from our children's service, Hamelin House. Designed with accessibility in mind, Gowlands allows for beneficiaries to be as independent as possible.

With a variety of different activities available, guests can further their interests and individuality.

Most previous corporate volunteers have worked on making the garden a tranquil place for beneficiaries to relax and enjoy leisure pursuits. However, they have also made improvements to the interior by painting the rooms.



*Immervox beautifying the garden at Gowlands.*

## Roots & Shoots:

By far our most popular location, the continual change of environment at our horticultural project means it is often in need of some extra hands. With staff busy with caring for beneficiaries and teach new skills in gardening and small animal husbandry, general maintenance and gardening do not get the attention that they need.

Sharing the five acre land with Gowlands and the hydrotherapy pool, it is important for the site to look its best for all our beneficiaries and to continue as a functioning farm.



*Ford volunteers inserting a post for a fence around our pond.*

In the past, corporate volunteers have come to do a number of tasks. This has been gardening, painting, fixing shed roofs, erecting a fence, creating a path, and so much more! Being home to an active farm means that there is always work to be done, even after the general maintenance has been completed.

**Top:** Lockton REAC volunteers sanding the decking by the pond.

**Bottom:** Having cleared the bed next to the drive, RBS volunteers make it look presentable.



# Guestbook: What Companies Say



*BT volunteers standing with Buddy Bear in front of one of the many wooden structures they painted.*

We've all enjoyed helping out today. It's lovely to be able to help and contribute to a great charity and made a difference. I hope the kids enjoy it!

- Maisy Fenton

The team enjoyed working at Hamelin Trust and especially this time as we were able to donate money to make a real difference.

- Fiona Stringer, Ford Motor Company

A very enjoyable day and for an excellent cause, it was great to be with work colleagues in a completely different atmosphere. We really got stuck in and also had a lot of fun. Would love to come back and make this an annual event or more, if possible.

- Dave Noonan, intu Lakeside

Great fun! A really enjoyable day. Thank you!

- Anonymous

What a fantastic facility has been created here. I've been so humbled by the kindness of the team and it's been a privilege to have had the opportunity to do a little bit to help. Very best wishes for the future and hope to be able to come back again some time.

- Alan

The feedback from the team is that they "got back" as much as they put in; having left feeling in a small way they had made a difference. We are looking forward to running another volunteer day with Hamelin Trust in the future.

- Colin Nobbs, Immervox

# Hamelin Trust: Our History



*Produce grown by our beneficiaries at our horticultural project,  
Roots & Shoots, at Sutton Bridge Farm.*

Hamelin Trust is a Billericay based charity that supports children and adults with disabilities and their families. Operating in several location throughout south east Essex, we have cared for and assisted families across the county and beyond for over 30 years.

The Trust was formed in 1979 by the parents of two children with learning disabilities. Back in the 1970s and 80s, there were very few services available in Essex to help and support families who were caring for children with disabilities, so they decided to change all that by creating their own charity.



In 1983, the Trust became a registered charity (no. 1004432) with the opening of our first service: our children's short break service at Hamelin House, Billericay. It was been designed to meet the needs of the children, parents, and carers who use the facilities, which is how it has remained.

Since then, the Trust has grown. Working closely with the individuals we support has

enabled to expand our services that are need by families. Over the years, we have opened: an adult short break service, supported accommodation, charity shops, day opportunities, community support, and a reuse and recycling centre.

### Our Mission

Hamelin Trust is committed to supporting children and adults with disabilities by providing a range of high quality services. By working in partnership with individuals and their families, the Trust ensures services are person-centred.

# Contact Us



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